

1. A therapeutic pillow combination, comprising:
  - a first pillow insert;
  - a second pillow insert;
  - 5 a first pillow case having a two ends, wherein a first end is shaped to removably receive and retain said first pillow insert through a first closable end portion and a second end is shaped to removably receive and retain said second pillow insert through a second closable end portion, wherein said ends are connected by a gathered and seamed portion forming a handle therebetween, and wherein said first and second pillow inserts can be
  - 10 aligned in a collinear manner at 180 degrees when so retained in said ends and articulated to a side by side parallel position;
  - a third pillow insert; and
  - a second pillow case having a strap portion connected to a first end and having a hook and loop fastener which is removably connected about said gathered handle portion,
  - 15 and said second pillow case removably receives said third pillow insert through a third closable end portion.
2. A therapeutic pillow combination as recited in claim 1, wherein each said pillow insert is elongated having a rounded side portion.
3. A therapeutic pillow combination as recited in claim 1, wherein said closable end
- 20 portions are configured with overlapping end portions having complementary hook and loop fasteners to permit insertion and retention of each said pillow insert therein.
4. A therapeutic pillow combination as recited in claim 1, wherein said combination forms a T-shape with said first and second pillow inserts lying generally collinear and

wherein said first pillow insert serves as an arm support for a person lying on one's side, said second pillow insert serves as a support between legs of such person and said third pillow insert is generally perpendicular to and between said first and second pillow inserts and serves as a support under a waist lumbar area of such person.

5     5.     A therapeutic pillow combination as recited in claim 1, wherein said pillow inserts are connected in a side by side parallel form with said handle forming a connecting point to maintain said pillow inserts in stacked relation having a generally triangular side profile which can serve as a back support for a person.

6.     A therapeutic pillow combination as recited in claim 5, wherein said therapeutic  
10 pillow combination provides an aesthetically pleasing pillow arrangement.

7.     A therapeutic pillow combination as recited in claim 5, wherein said pillow case ends are interconnected to aid in maintaining said staked relation.